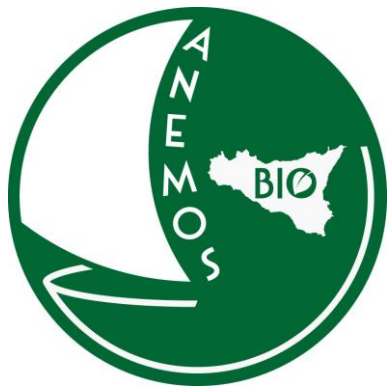


## *Our organic soul a breath away from*

Anemos Bio is the breath that aims at delivering a selection of high quality Sicilian organic products (fresh and processed) in full respect of nature.

We bring to the market Sicilian excellences with our BioEsprit, representing our nine provinces, with an Eco friendly vision



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## ORGANIC RED ORANGES MARMALADE

Oranges in general and red oranges in particular are considered to be among the richest fruits of therapeutic properties. The red orange marmalade becomes a real panacea.

An orange has a high content of vitamin C, vitamin B and provides more than 7% of the daily potassium ration, which maintains balanced fluids and minerals in the body.

Blood oranges have a high content of anthocyanin and antioxidants, which protect the skin from damage caused by free radicals and related diseases, thanks to their immune-stimulating effects.

### Description – production method

The orange marmalade is processed with selected Sicilian blood oranges, peeled by hand and cooked in low-temperature boule in order to maintain its organoleptic properties.

Fruit per 100gr of product 95gr

Total sugar per 100gr of product 65gr



### Ingredients

Blood oranges\*, cane sugar\*

\* organic



### Additional Information

It may contain traces of nuts. Without pectin, citric acid, ascorbic acid, flavors, colorant, preservatives and gluten.

For vegans / vegetarians

### Nutritional values per 100g of product

Energy	261 kcal /1095 kJ
Fat	0,2 g
of which saturated	0,0 g
Carbohydrates	67,8 g
of which sugars	67,8 g
Fibers	1,4 g
Proteins	0,6 g
Salt	8,0 mg

### Weight/Packaging

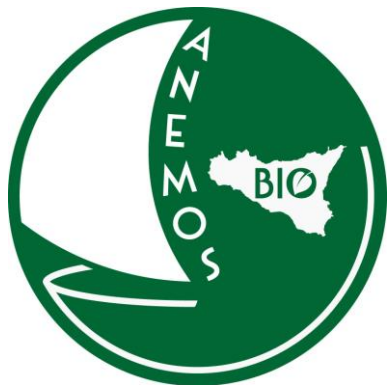
230 gr.

Produced and packed  
for:

Ge.Im.A. S.r.l.  
Via Panoramica, 340  
98168 Messina

[www.geima.it](http://www.geima.it)





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## ORGANIC BLOND ORANGE MARMALADE

Orange marmalade is a fruit preserve made with Sicilian oranges and added sugar, with an intense citrus aroma and a slightly bitter taste.

The orange marmalade is a marmalade variety appreciated for its slightly bitter aftertaste, very different from the classic fruit jams.

Genuine, creamy and natural, it is characterized by the scent and flavor of the excellent Sicilian oranges.

### Description – Production method

The orange marmalade is processed with selected Sicilian seasonal fruit, peeled by hand and cooked in low-temperature boule in order to maintain its organoleptic properties.

Fruit per 100gr of product 95gr  
Total sugar per 100gr of product 65gr



### Ingredients

Blond Oranges\*, cane sugar\*

\* organic



### Additional Information

It may contain traces of nuts. Without pectin, citric acid, ascorbic acid, flavors, colorant, preservatives and gluten.

For vegans / vegetarians

### Nutritional values per 100g of product

Energy	261 kcal /1095 kJ
Fat	0,2 g
of which saturated	0,0 g
Carbohydrates	67,8 g
of which sugars	67,8 g
Fibers	1,4 g
Proteins	0,6 g
Salt	8,0 mg

### Weight/packaging

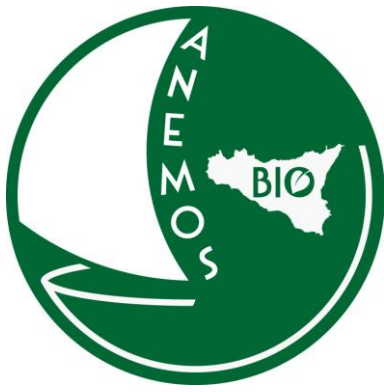
230 gr.

Produced and packed  
for:

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98168 Messina

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## ORGANIC TANGERINE MARMALADE

Mandarin marmalade is the ideal preserve for lovers of citrus winter flavours. The mandarin tree arrives in Europe at the beginning of the 19th century as an ornamental plant whose fruits were not considered edible.

Fortunately this trend was changed and today the Sicilian mandarins are among the most appreciated citrus fruits.

It has a delicate and decisively less sweet taste than the other fruit jams, maintaining the original citrus flavour, preserving its aromas and fragrances

### Description – Production method

The orange marmalade is processed with selected Sicilian blood oranges, peeled by hand and cooked in low-temperature boule in order to maintain its organoleptic properties.

Fruit per 100gr of product 120gr

Total sugar per 100gr of product 65gr



### Ingredients

Tangerines \*, cane sugar\*

\* organic



### Additional Information

It may contain traces of nuts. Without pectin, citric acid, ascorbic acid, flavors, colorant, preservatives and gluten.

For vegans / vegetarians

### Nutritional values per 100g of product

Energy	269 kcal /1126 kJ
Fat	0,4 g
of which saturated	0,0 g
Carbohydrates	67,8 g
of which sugars	67,8 g
Fibers	2,5 g
Proteins	1,3 g
Salet	5,0 mg

### Weight/Packaging

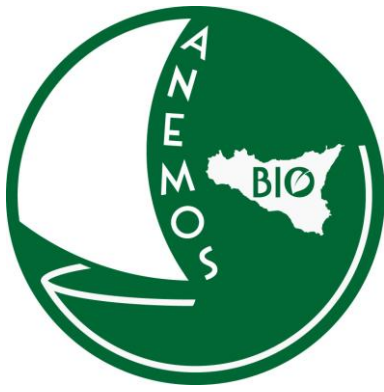
230 gr.

Produced and packed  
for:

Ge.Im.A. S.r.l.  
Via Panoramica, 340  
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## ORGANIC COCOA AND HAZELNUT CREAM

From the union of roasted hazelnuts and cocoa comes a delicious cream, ideal to be spread. It represents the perfect snack, or an excellent cream to garnish cakes. The Organic Cocoa and Hazelnut Cream is produced with high quality ingredients and with a percentage of nuts of min. 26 %, higher than in other commercial creams.

Hazelnut is an extraordinary fruit from a nutritional point of view. It is rich in monounsaturated fat acids, vitamins and minerals.

Sicily is among the first four regions in Italy for productions of nuts, 12.000 ha. The majority of them are on the Nebrodi mountains.



### Ingredients

Cane sugar\*, hazelnuts\* (26%), sunflower oil\*, cocoa\* (8,5%).

\* organic



### Additional Information

The possible rising of oil to the surface and the development of clumps are natural and guarantee the quality and genuineness of the product.  
Mix before use.

For vegans / vegetarians

### Nutritional values per 100g of product

Energy	571 kcal /2378 kJ
Fat	38,3 g
of which saturated	12,0%
of which monounsaturated	57,7%
of which polyunsaturated	30,2%
Carbohydrates	47,2 g
of which sugars	45,0 g
Fibers	5,4g
Proteins	6,6 g
Salt	0,06 g

### Weight / Packaging

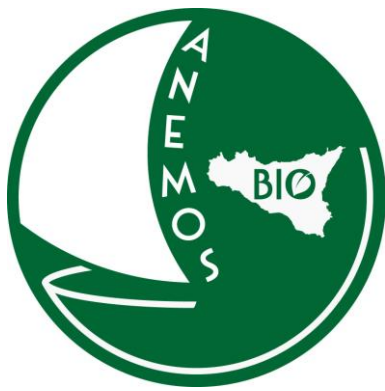
200 gr.

Produced and packed  
for:

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Via Panoramica, 340  
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## ORGANIC PISTACHIO CREAM

Pistachio, from the Greek pistàkion, is a native plant of the Mediterranean basin (Turkey, Persia). This fruit has a very ancient history, it is even quoted in the book of Genesis and is reported on the obelisk raised in the 6<sup>th</sup> century BC from the king of the Assyrians.

It was brought to Sicily by the Arabs, when they tore it from the Byzantines, and since then its trees found in the Sicilian territory a perfect habitat for a luxuriant growth.

The pistachio cream is a delicious cream ideal to be spread, for a yummy snack or to garnish cakes. It is produced with extra quality ingredients and with a percentage of nuts of min. 30%, higher than in other commercial creams.



### Ingredients

Cane sugar\*, pistachio\* (30%), sunflower oil\*, cocoa butter\*, salt.

\* organic



### Additional Information

The possible rising of oil to the surface and the development of clumps are natural and guarantee the quality and genuineness of the product.  
Mix before use.

Ideal for vegans, vegetarians

### Nutritional values per 100g of product

Energy	554 kcal /2311 kJ
Fat	32,9 g
of which saturated	10,9%
of which monounsaturated	54,8%
of which polyunsaturated	34,2%
Carbohydrates	55,5 g
of which sugars	49,7 g
Fibers	2,8 g
Proteins	7,2 g
Salt	0,64 g

### Weight/Packaging

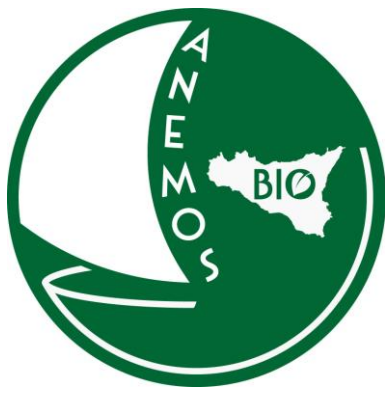
200 gr.

Produced and packed  
for:

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## ORGANIC ORANGE BLOSSOM HONEY

From spring to early summer, in Sicily, a hectic work begins by some busy insects whose result is one of the most delicious and renowned varieties of honey in circulation.

Characterized by an intense aroma, the orange blossom honey has a delicate taste and, in some cases, slightly acid. The colour is similar to a pale yellow.

It has a fresh, floral smell which reminds the orange blossoms. Over time, it develops a more fruity smell, similar to that of orange marmalade.

The blossom honey is well known for being relaxing and calming. If you suffer from headache or insomnia you can take a low quantity and enjoy a relaxing effect.



### Additional Information

It crystallizes spontaneously, some months after the harvest

### Nutritional values per 100g of product

Energy	370 kcal /1270 kJ
Fat	0,0 g
of which saturated	0,0 g
Carbohydrates	80,3 g
of which sugars	80,3 g
Proteins	0,6 g
Fibers	0,0 g
Salt	0,075 g

### Weight / packaging

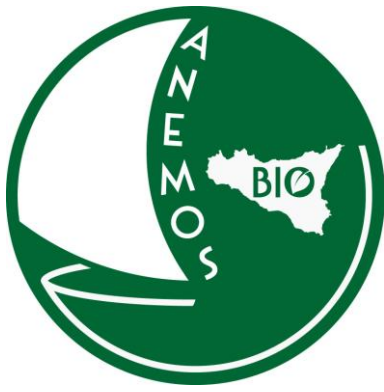
250 gr.

Produced and packed  
for:

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Via Panoramica, 340  
98168 Messina

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## ORGANIC WILDFLOWER HONEY

The wildflower honey is a multi-floral product with many possible combinations of blossoms. Every Millefiori Honey jar has its own characteristic and it is impossible to specify where a particular flavours or aroma comes from. This makes the Millefiori an excellent variety.

The wildflower honey is rich in nutrients, useful as natural antibacterial and a powerful partner to prevent seasonal diseases. In addition, it nourishes hairs and

The wildflower honey is an unique product, whose origins are various: little hill, mountains and valley.

It combines the properties of various plants: perfume and taste may have different notes, which change depending on the area of production.

Its aromatic scale is extremely wide and peculiar and can reserve surprising aromas, always different.



### Additional Information

It crystallizes spontaneously, some months after the harvest

### Nutritional values per 100g of product

Energy	370 kcal /1270 kJ
Fat	0,0 g
of which saturated	0,0 g
Carbohydrates	80,3 g
of which sugars	80,3 g
Proteins	0,6 g
Fibers	0,0 g
Salt	0,075 g

### Weight / packaging

250 gr.

Produced and packed  
for:

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## ORGANIC CANDIED ORANGE PEELS WITH CHOCOLATE

Delicious candied orange nuggets covered with organic and fair-trade dark chocolate.

Sicily is known all around the world for its citrus fruits which, with their colours and scents enrich the landscape between the hills and the sea. We have selected the most fragrant Sicilian oranges, we have candied the skins and covered them with dark chocolate. The result? Irresistible chocolates that contain the flavour and fragrance of Sicilian citrus fruits. The orange is cut into fillets, candied and covered with dark chocolate.

An alternative to traditional sweets,  
if you love citrus fruits but above  
all if you love strong and contrasting  
flavors, which alternate harsh and sweet  
at each bite.



### Ingredients

Extra dark chocolate\* 67% (cocoa paste\*, cane sugar\*, cocoa butter\*, emulsifier: soy lecithin\*, vanilla extract\*), candied orange peel\* 33% (orange zest\*, cane sugar\*). Minimum cocoa in chocolate: 70%

\* organic



### Additional Information

May contain trace: egg, sesame, nuts, milk

### Nutritional values per 100gr.

Calories	402 kcal /1687 Kj
Fat	13,9 g
of which saturated	8,3 g
Carbohydrate	62,8 g
Of which sugars	60,3 g
Protein	3,3 g
Fibers	6,2 g
Salt	<0,1 g

### Weight / Packaging

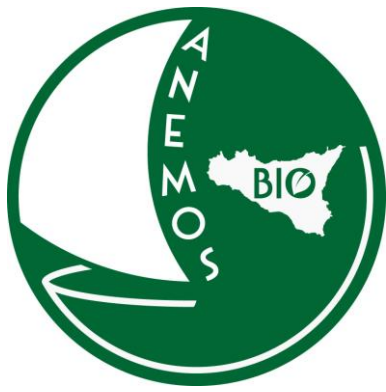
100 gr.

Produced and packed  
for:

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Via Panoramica, 340  
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## ORGANIC CANDIED LEMON PEELS WITH CHOCOLATE

Delicious candied lemon nuggets covered with organic and fair-trade dark chocolate.

Sicily is known all around the world for its citrus fruits which, with their colours and scents enrich the landscape between the hills and the sea. We have selected the most fragrant Sicilian lemons, we have candied the skins and covered them with dark chocolate. The result? Irresistible chocolates that contain the flavour and fragrance of Sicilian citrus fruits. The lemon is cut into fillets, candied and covered with dark chocolate.

An alternative to traditional sweets,  
if you love citrus fruits but above  
all if you love strong and contrasting  
flavors, which alternate harsh and sweet  
at each bite.



### Ingredients

Extra dark chocolate\* 67% (cocoa paste\*, cane sugar\*, cocoa butter\*, emulsifier: soy lecithin\*, vanilla extract\*), candied lemon peel\* 33% (lemon zest\*, cane sugar\*). Minimum cocoa in chocolate: 70%

\* organic



### Additional Information

May contain trace: egg, sesame, nuts, milk

### Nutritional values per 100gr.

Calories	402 kcal /1687 Kj
Fat	13,9 g
of which saturated	8,3 g
Carbohydrate	62,8 g
of which sugar	60,3 g
Protein	3,3 g
Fibers	6,2 g
Salt	<0,1 g

### Weight / Packaging

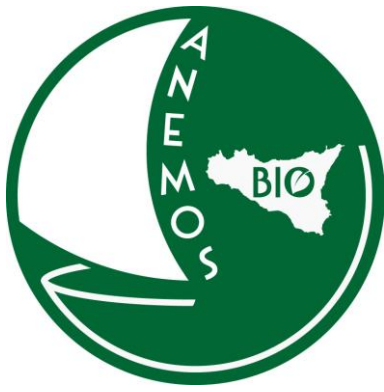
100 gr.

Produced and packed  
for:

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## ORGANIC LEMON LIQUEUR

Lemons are a precious source of vitamin C, the princess of vitamins, which has an unquestionably beneficial effect on human body. It also has a strong antioxidant effect and helps the body in the production of collagen, which is the substance that holds cells together and participates in healing wounds or cuts.

Lemon, for its high content of antioxidants, is one of the best anti-cholesterol foods.

The lemon has a particular property, its plant continues to bloom. Therefore it is possible to see, in a plant of lemons, flowers, unripe and ripe fruits at the same time.

Thanks to this fact, the production of lemons is present throughout the year, with a slowdown during the coldest months.

### Description – Production method

The lemon liqueur is obtained according to a traditional recipe that uses first choice ingredients and is prepared by slow infusion of Sicilian lemon peel.

It is served iced and is excellent as a digestive.



### Ingredients

Water, pure hydrated alcohol\*, cane sugar\*, infusion of lemon peel\* 7% (400 g of lemons per litre of liqueur)

\* organic



### Additional Information

Without the addition of artificial aromas, colourings, preservatives and gluten

28% Alc/Vol

### Weight / Packaging

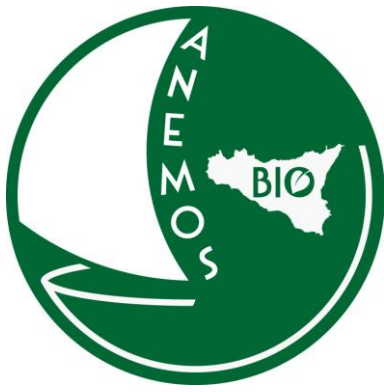
0.5 lt.

Produced and packed for:

Ge.Im.A. S.r.l.  
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98168 Messina

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## ORGANIC MANDARIN LIQUEUR

Among citrus fruits, mandarin is the richest in sugars, which makes it the sweetest.

Mandarin is very rich in vitamin C, but it also contains B vitamins, vitamin A, vitamin P, folic acid and various minerals including magnesium, potassium, calcium and iron. It is easily digestible, rich in fibers, helps protect capillaries and bones and is a good ally in the prevention of colds.

The mandarin plant arrives in Europe at the beginning of the 19th century and was initially considered an ornamental plant whose fruits were not considered edible. Fortunately this trend was changed and today the Sicilian mandarins are among the most appreciated citrus fruits.

### Description – Production method

The mandarin liqueur is obtained according to a traditional recipe that uses first choice ingredients and is prepared by slow infusion of Sicilian mandarin peel.

It is served iced and is excellent as a digestive.



### Ingredients

Water, pure hydrated alcohol\*, cane sugar\*, infusion of mandarin peel\* 7% (400 g of mandarins per litre of liqueur)

\* organic



### Additional Information

Without the addition of artificial aromas, colourings, preservatives and gluten

28% Alc/Vol

### Weight / Packaging

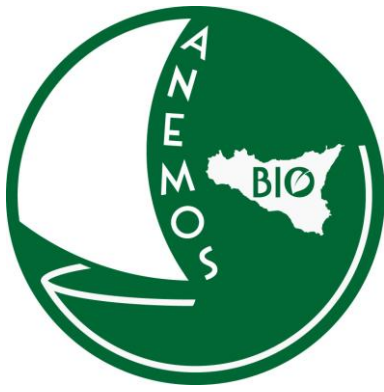
0.5 lt.

Produced and packed for:

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## ORGANIC EXTRA VIRGIN OLIVE OIL

Olive oil, with particular reference to extra virgin olive oil, is a typical dressing of the Italian and Mediterranean tradition. Cold-pressed oil certainly has a higher quality than the others. Cold pressing also concerns other types of oil, with particular reference to organic products.

What does cold pressed, extracted or squeezed oil mean?


An oil is entitled to bear the label *cold pressed* when the temperature of the olive paste (pressed olives) in the kneading machine does not exceed 27 °C.

The cold pressing allows to maintain the nutritional and physical characteristics of the extra virgin olive oil, preserving the properties intact and enhancing the benefits deriving from it once consumed.



### Ingredients

Extra virgin olive oil\*

\* organic 

### Additional Information

Oil extracted solely by cold mechanical process

For vegans/vegetarians

### Nutritional values per 100gr.

Calories	900 kcal /3765 kJ
Fat	92,0 g
of which saturated	13,5 g
Monounsaturated	71,4 g
Polyunsaturated	7,1 g
Carbohydrate	0 g
of which sugars	0 g
Salt/Protein/Fibers	0 g

### Weight / Packaging

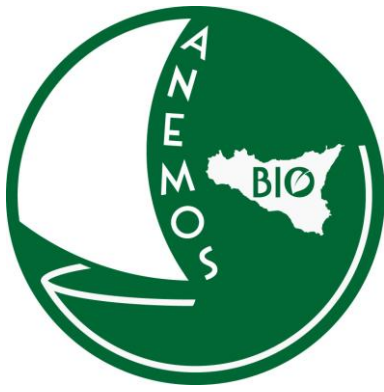
500 ml

Produced and packed  
for:

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## SICILIAN ANCIENT GRAIN PASTA - RUSSELLO VARIETY

Sicilian Ancient Grains are a grouping of grains that have not been changed by the modern selective breeding and mutation. They have maintained, through the time, all the precious characteristics: they are rich in protein content, in minerals and vitamins, they are more digestible, with a low quantity of gluten.

We select the best Sicilian Ancient Grains to make a different kind of pasta. The “Russello” variety in particular, is known for its tall, reddish spike. Its wheat is the perfect ingredient for a tasty and fragrant pasta.

### Description – Production method

This pasta is made by Sicilian pasta makers, following a traditional method which include a stone, or cylinders, milling and a static drying process, at low temperatures.

The whole production chain is strictly local and entirely organic. The result is a high quality pasta, one of the best you will ever taste!



### Ingredients

Durum whole wheat semolina \*, water

\* organic 

### Additional Information

High digestibility gluten – Low mineral water  
Humidity max 12,50% - Sicilian wheat

For vegans/vegetarians

### Nutritional values per 100gr.

Calories	349 kcal / 1463 kJ
Fat	1,0 g
of which saturated	0,13 g
Carbohydrate	72,1 g
of which sugars	1,0 g
Protein	11,3 g
Fibers	3,7 g
Salt	0,001 g

### Weight / Packaging

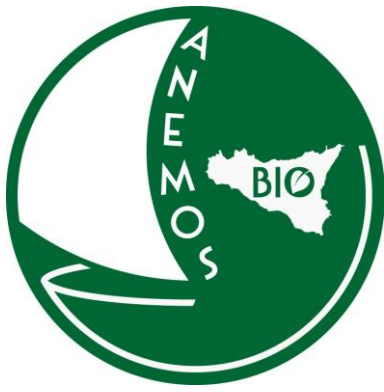
500 ml

Produced and packed for:

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## SICILIAN ANCIENT GRAIN PASTA - TIMILIA VARIETY

Sicilian Ancient Grains are a grouping of grains that have not been changed by the modern selective breeding and mutation. They have maintained, through the time, all the precious characteristics: they are rich in protein content, in minerals and vitamins, they are more digestible, with a low quantity of gluten.

We select the best Sicilian Ancient Grains to make a different kind of pasta. The “Timilia” variety in particular, is known for its small, dark spike. Its wheat is the perfect ingredient for a fragrant, aromatic pasta.

### Description – Production method

This pasta is made by Sicilian pasta makers, following a traditional method which include a stone, or cylinders, milling and a static drying process, at low temperatures.

The whole production chain is strictly local and entirely organic. The result is a high quality pasta, one of the best you will ever taste!



### Ingredients

Durum whole wheat semolina \*, water

\* organic 

### Additional Information

High digestibility gluten – Low mineral water  
Humidity max 12,50% - Sicilian wheat

For vegans/vegetarians

### Nutritional values per 100gr.

Calories	349 kcal / 1463 kJ
Fat	1,0 g
of which saturated	0,13 g
Carbohydrate	72,1 g
of which sugars	1,0 g
Protein	11,3 g
Fibers	3,7 g
Salt	0,001 g

### Weight / Packaging

500 ml

Produced and packed for:

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## ORGANIC ROASTED ALMOND

Sicilian almonds are very appreciated for their sweetness and the intense aroma that characterizes them.

Almonds provide a high energy supply to our body without weighing it down. In this way our grandparents, who in a working day used to burn even 5000 calories, could recharge while they continued to work. Pregnant women also greatly benefited from almond consumption and did not need supplements of any kind.

### Description – Production method

Our almonds are roasted to reach the ideal crunchiness and offer a genuine and appetizing snack to be tasted at any time of the day. The package is under vacuum, in order to guarantee all the properties and goodness of this delicious fruit.



### Additional Information

May contain trace: egg, sesame, nuts, milk

### Nutritional values per 100gr.

Calories	630 kcal /2600 Kj
Fat	55,3 g
of which saturated	4,6 g
Carbohydrate	4,6 g
of which sugars	3,7 g
Protein	22,0 g
Salt	0,01 g

### Weight / Packaging

100 gr.

Produced and packed  
for:

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Via Panoramica, 340  
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## ORGANIC ALMOND COOKIES

Almond cookies are typical Sicilian pastries with a soft and fragrant heart.

The birth of almond paste is certainly due to the Arabs, who introduced rich and spicy foods to Sicily. The Arabs then mixed sugar and ground almonds and spread this recipe also to Sicily. The most accredited history is the one dating back to the 11th century, when the monks and nuns from the Convent of Martorana in Palermo dedicated themselves to the preparation of sweets made with water, sugar and almonds.

### Description – Production method

These cookies are made with high quality organic ingredients processed by hand, as tradition dictates. Thanks to the fair trade brown sugar, our almond cookies are perfectly balanced in their sweetness (and you will never stop eating them ...).



### Ingredients

Sicilian **almonds\*** 49%, cane sugar\*<sup>o</sup>, rehydrated **egg\*** white, candied gourd\* (gourd\*, cane sugar\*), honey\*<sup>o</sup>, natural flavor, lemon\* peel, antioxidant: ascorbic acid

\*organic



<sup>o</sup>Fair Trade

### Additional Information

May contain trace: egg, sesame, nuts, milk

### Nutritional values per 100gr.

Calories	498 kcal /2073 Kj
Fat	29,9 g
of which saturated	2,8 g
Carbohydrate	43,2 g
of which sugars	24,7 g
Protein	10,0 g
Salt	<0,1 g

### Weight / Packaging

160 gr.

Produced and packed for:

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98168 Messina

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